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## **The Patient-Centered Medical Home: A Path Toward Equity Discussion Guide from The Colorado Trust**

This discussion guide is a tool for individuals and organizations to examine and better understand how patient-centered medical homes can create health equity. In particular, it will help facilitate a dialogue which considers how addressing social and environmental factors influence individual health and wellness, and therefore can play a key role in promoting health in a community.

To support and advance the conversation around health equity in Colorado, The Colorado Trust is providing two resources to stimulate a dialogue on the topic. First, Drs. Tony Iton and Winston Wong, leading national experts on social determinants of health in underserved populations, will speak at The Colorado Trust on November 15. Drs. Iton and Wong will provide their perspectives on how to address the social determinants of health in various settings and a video of the event will be available on The Colorado Trust's website in the near future. Second, The Colorado Trust is distributing an article authored by Dr. Wong titled *The Patient-Centered Medical Home: A Path Toward Equity* as an additional resource to spark conversations. The article provides further background and context to Drs. Iton and Wong's November 15 presentation.

After viewing the presentation and/or reading the article, below are a set of discussion questions to consider as you further explore the definition and the applications to your own work.

1. After reading the article, what are your perspectives on how a patient-centered medical home (PCMH) can help to achieve health equity and address the social determinants of health?
2. As you think about your community, could a focused effort to establish a PCMH for marginalized, underserved groups lead to a meaningful reduction in health care disparities and result in health equity?
3. What are strategies to integrate a broader view of health in current health systems in your community?