THE COLORADO TRUST

A Health Equity Foundation

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DEDICATED TO ACHIEVING HEALTH EQUITY FOR ALL COLORADANS

Health Equity Learning Series – Health Equity and Community Engagement
Discussion Guide from The Colorado Trust

This discussion guide is a tool for individuals and organizations to discuss issues related to racial and economic justice, particularly as it relates to health.

To support and advance the conversation around health equity in Colorado, The Colorado Trust is providing two resources to foster a dialogue. First, Doran Schrantz of ISAIAH, a faith-based community organization that is one of the most powerful voices in Minnesota for racial and economic justice will discuss how they successfully engage communities in creating solutions to health equity issues on February 5. A video of this event will be available on The Colorado Trust's website (www.coloradotrust.org) within a few days of the event.

Second, The Colorado Trust is distributing an article provided by Ms. Schrantz and prepared by the Minnesota Department of Health titled *White Paper on Income and Health* as an additional resource to spark conversations.

After viewing the presentation and/or reading the article, below are a set of discussion questions to consider as your further explore health equity and the application of this information to your own work in your community.

- In what ways does income inequality predict who is healthy, who is sick, and who lives longer in your community?

- Are these conditions consistent across different ethnic, racial and socioeconomic groups in your community?

- Where are there opportunities in your community to engage others and to raise awareness of and provide solutions to these conditions?

- As an individual and/or member of an organization, what role can you play in raising awareness and advancing solutions to these conditions?

- Are there opportunities in your community to collaborate with other partners, organizations or agencies?

- Are there solutions to income and health inequalities in your community that you view as "easy wins?" What solutions might require bigger system level changes? How might you start the dialogue in your community to begin (or continue) the conversation?