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DEDICATED TO ACHIEVING HEALTH EQUITY FOR ALL COLORADANS

## **Equity Is The Superior Growth Model for an All-In Nation Discussion Guide from The Colorado Trust**

This discussion guide is a tool for individuals and organizations to examine and better understand the link between health equity and economic growth. In particular “recognize that inequality hinders economic growth and that greater economic inclusion brings about more robust economic growth.”

To support and advance the conversation around health equity in Colorado, The Colorado Trust is providing two resources to stimulate a dialogue on the topic. First, Mildred Thompson, a leading national expert on health equity and economic growth, will speak at History Colorado on February 26. Ms. Thompson will provide an overview of the economic imperative of equity and a video of the event will be available on The Colorado Trust’s website in the near future. Second, The Colorado Trust is distributing an article authored by PolicyLink titled *Equity Is The Superior Growth Model for an All-In Nation* as an additional resource to spark conversations. The article provides further background and context to Ms. Thompson’s February 26 presentation.

After viewing the presentation and/or reading the article, below are a set of discussion questions to consider as you further explore health equity and the applications to your own work.

1. After reading the article, what are your thoughts about the relationship between economic inequities and health equity? Based on the presentation and your experiences, what are potential causes of these differences?
2. As you think about your community, among which populations are the economic and health inequities the starkest? What do you see as some of the main causes for these gaps and trends?
3. What does your organization do now to reduce health disparities and move toward greater equity in health? What else could your organization do? What are the chief obstacles to doing more?
4. What are the opportunities for your organization to impact health equity and embrace the ideals of the Superior Growth Model through your organization’s mission, vision and values?