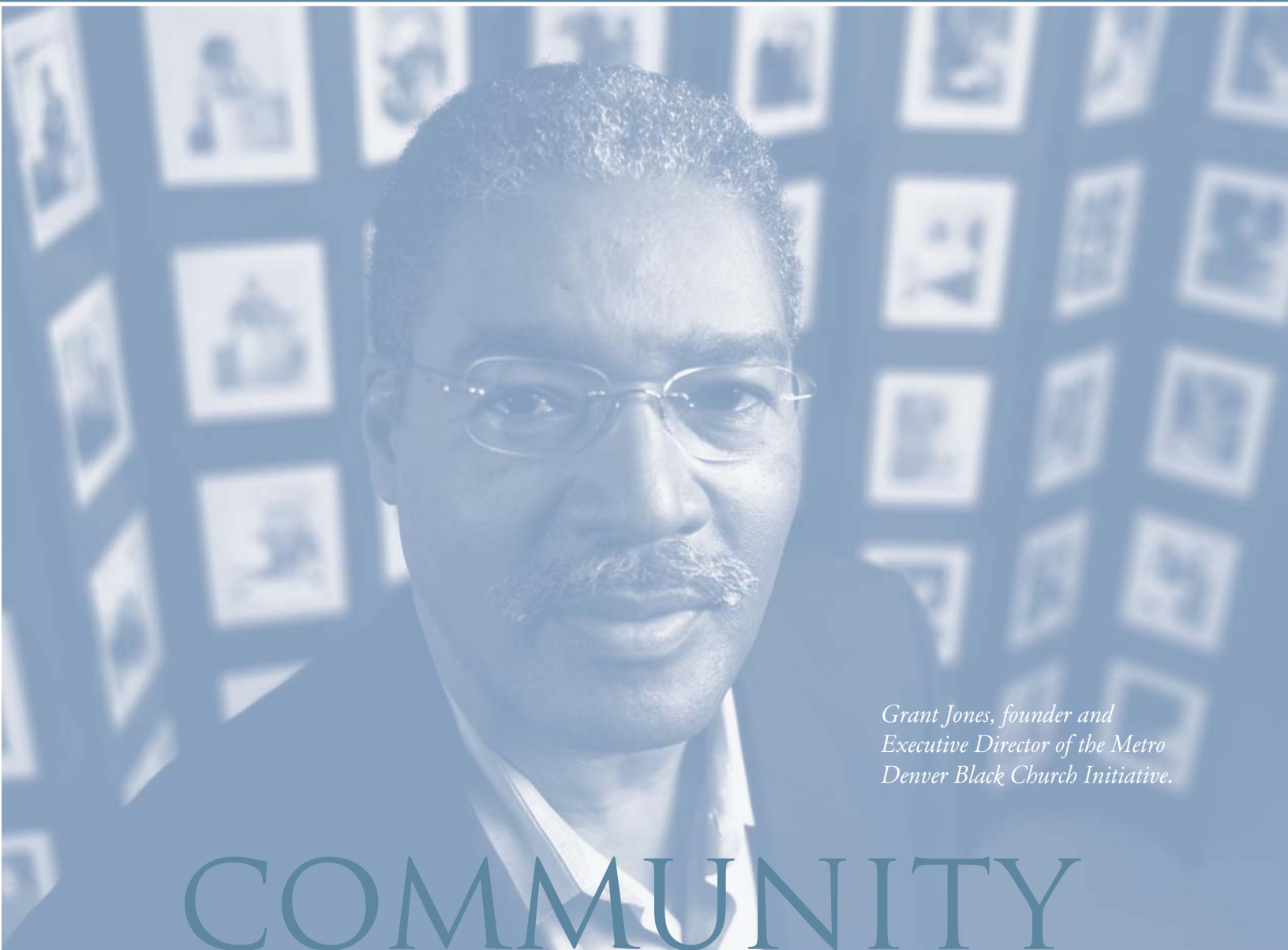




VOLUME V • 2006 WINTER EDITION



*Grant Jones, founder and
Executive Director of the Metro
Denver Black Church Initiative.*

COMMUNITY CONNECTION

WWW.COLORADOTRUST.ORG

CommunityConnection is a quarterly e-newsletter from The Colorado Trust.

METRO DENVER BLACK CHURCH INITIATIVE: ADDRESSING RACIAL AND ETHNIC HEALTH DISPARITIES

The Center for African-American Health at the Metro Denver Black Church Initiative is helping African-Americans in the area to both lessen their chance of contracting diabetes and to self-manage the disease. The Center is one of 14 grantees of The Colorado Trust's seven-year, \$13 million *Equality in Health Initiative*, which seeks to reduce racial and ethnic health disparities across the state by strengthening cultural competency throughout the grantee organizations.

"Our overall goal is to improve the health and well being of the African-American community," said Grant Jones, founder and Executive Director of the Black Church Initiative and its new Center. "The black church has always been more than just a religious institution. It has also been a place of cultural preservation, leadership development and health education, especially for the most disenfranchised members of the African-American community.

"We've discovered that of all the services we've offered over the years, our health education and outreach has gained the most traction and garnered the most interest."



Jo Ann Pegues, Manager of the Metro Denver Black Church Initiative's Focus on Diabetes Project, kicks off the first diabetes self-management class of the year.



Frances Zacek, R.N., performs a blood test on Michele Wortham Wright, a participant in a recent Focus on Diabetes class.

The Metro Denver Black Church Initiative has identified follow-up support as a key component of its Focus on Diabetes Project, based on cultural competency practices that have been proven effective among African-Americans.

"Supportive follow-up telephone calls by trained staff make a big difference in helping people with diabetes to track and self-manage the disease as they learned to do in the six-week Focus on Diabetes curriculum," said Jones. "The Trust grant is also helping us to put more emphasis on being culturally competent in how we serve our community — whenever possible, the physicians, nurses, dieticians and fitness experts who lead our programs are African-American themselves, people who really understand the myriad cultural issues that come into play when we talk about health."

REALLIFE, *continued*

According to Jones, there are approximately 180 African-American churches in Metro Denver, nearly 40 of which are already involved in the new Center's health initiatives.

"We're striving to diminish major health disparities in our community," he said. "Over the last four years, we've provided health screenings to over 3,000 people per year at church sites and health fairs, and we've reached more than 13,000 people per year with various health messages."

"In 2006 — alone through our Focus on Diabetes Project — we expect to train about 250 people in diabetes self-management."

For more information about the Metro Denver Black Church Initiative's Center for African-American Health and its work to alleviate health disparities, visit www.denverblackchurch.org.

For information about The Trust's Equality in Health Initiative, contact Ginger Harrell, Program Officer, ginger@coloradotrust.org.



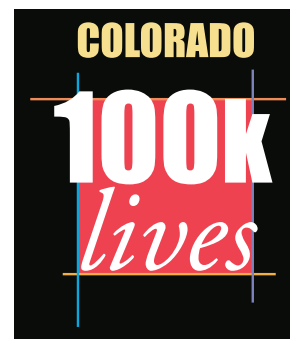
Gaye Woods of Colorado Fitness and Wellness explains the importance of exercise in managing diabetes.



62 HOSPITALS PARTICIPATING IN COLORADO 100K LIVES CAMPAIGN

Nearly 90% of Colorado's acute care hospitals have signed up to participate in the Trust-sponsored [Colorado 100k Lives Campaign](#). This statewide effort is focused on helping hospitals further strengthen their quality improvement systems to ensure safe patient care.

The Colorado campaign is based on the Institute for Healthcare Improvement's (IHI) national 100k Lives Campaign, an effort to save 100,000 lives across the U.S. over an 18-month period, and every year thereafter, through such evidence-based interventions as rapid response at the first sign of patient decline, making certain that patients receive the right medications at every transfer point in care, and adherence to best practices known to prevent heart attacks, infections and ventilator-associated pneumonia.



Participating Colorado Hospitals:

- | | |
|--|---|
| 1. Arkansas Valley Regional Medical Center | 21. McKee Medical Center |
| 2. Aspen Valley Hospital | 22. Melissa Memorial Hospital |
| 3. Avista Adventist Hospital | 23. Memorial Hospital |
| 4. Boulder Community Hospital | 24. Mercy Medical Center |
| 5. Community Hospital | 25. Montrose Memorial Hospital |
| 6. Conejos County Hospital | 26. Mount San Rafael Hospital |
| 7. Delta County Memorial Hospital | 27. North Colorado Medical Center |
| 8. Denver Health | 28. North Suburban Medical Center |
| 9. East Morgan County Hospital | 29. Parker Adventist Hospital |
| 10. Estes Park Medical Center | 30. Parkview Medical Center |
| 11. Exempla Good Samaritan Medical Center | 31. Penrose-St. Francis Hospital |
| 12. Exempla Lutheran Medical Center | 32. Pioneers Medical Center |
| 13. Exempla Saint Joseph Hospital | 33. Platte Valley Medical Center |
| 14. Family Health West | 34. Porter Adventist Hospital |
| 15. Gunnison Valley Hospital | 35. Poudre Valley Hospital |
| 16. Heart of the Rockies Regional Medical Center | 36. Presbyterian/St. Luke's Medical Center |
| 17. Keefe Memorial Hospital | 37. Rio Grande Hospital |
| 18. Kremmling Memorial Hospital District | 38. Rose Medical Center |
| 19. Lincoln Community Hospital | 39. San Luis Valley Regional Medical Center |
| 20. Littleton Adventist Hospital | 40. Sedgwick County Health Center |

TRUSTNEWS, *continued*

41. Sky Ridge Medical Center
42. Southeast Colorado Hospital District
43. Southwest Memorial Hospital
44. Spanish Peaks Regional Health Center
45. St. Anthony Central Hospital
46. St. Anthony North Hospital
47. St. Anthony Summit Medical Center
48. St. Mary Corwin Medical Center
49. St. Mary's Hospital & Regional Medical Center
50. St. Thomas More Hospital
51. Sterling Regional MedCenter
52. Swedish Medical Center
53. The Children's Hospital
54. The Medical Center of Aurora
55. The Memorial Hospital
56. University of Colorado Hospital
57. Vail Valley Medical Center
58. Valley View Hospital
59. Weisbrod Memorial Hospital
60. Wray Community District Hospital
61. Yampa Valley Medical Center
62. Yuma District Hospital

For more information about the Colorado 100k Lives Campaign, visit www.coloradotrust.org or www.colorado100klives.org, or contact Laurel Petralia, Program Officer, laurel@coloradotrust.org.

Beginning in late February, watch for informational advertisements about the Colorado 100k Lives Campaign on NBC television stations across Colorado.



PARTNERSHIPS FOR HEALTH INITIATIVE GRANTEES ANNOUNCED

A strong public health system can protect Colorado from emerging health threats by helping to identify and monitor disease outbreaks, promoting healthy behaviors and improving health care.

The Trust's new \$8.6 million, five-and-a-half-year new [Partnerships for Health Initiative](#) — an expansion of The Trust's Colorado [Healthy People 2010 Initiative](#) — seeks to significantly strengthen the coordination of health services at the local level by convening partnerships made up of local health departments, nursing services and community-based organizations, such as businesses, schools, churches and nonprofit organizations.

Through a competitive process, the following 14 community partnerships have been selected to begin the work of this initiative:

- Centennial Area Health Education Center (*servicing Cheyenne, Kit Carson and Lincoln counties*)
Healthy People 2010 (HP2010) focus: community-based prevention
- Chaffee County Department of Health and Human Services (*servicing Chaffee County*)
HP2010 focus: health access
- Crowley County (*servicing Crowley County*)
HP2010 focus: substance abuse
- Gunnison County Public Health (*servicing Delta, Gunnison, Hinsdale, Montrose, Ouray and San Miguel counties*)
HP2010 focus: public health infrastructure
- Lutheran Hospital Association/San Luis Valley Regional Medical Center (*servicing the San Luis Valley — Creede and South Fork, and Alamosa, Conejos, Costilla, Rio Grande and Saguache counties*)
HP2010 focus: health access
- Mesa County Health Department (*servicing Mesa County*)
HP2010 focus: indoor environmental health
- Metro Community Provider Network (*servicing Adams, Arapahoe, Douglas and Jefferson counties*)
HP2010 focus: health access
- Northwest Colorado Visiting Nurse Association (*servicing Jackson, Moffat, Rio Blanco and Routt counties*)
HP2010 focus: health access
- San Juan Basin Health Department (*servicing La Plata and Archuleta counties*)
HP2010 focus: methamphetamine abuse
- Southern Ute Community Action Programs (*servicing La Plata County*)
HP2010 focus: mental health

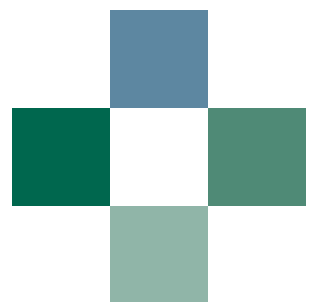
TRUSTNEWS, *continued*

- Spanish Peaks Regional Health Center/Southeast AHEC (*servicing Huerfano and Las Animas counties*)
HP2010 focus: health access
- Tri-County Health Department (*servicing Adams and Arapahoe counties*)
HP2010 focus: senior injury prevention
- UCHSC Department of Psychiatry (*servicing Metro Denver*)
HP2010 focus: child and maternal health
- UCHSC/WONDER Babies (*servicing Colorado statewide*)
HP2010 focus: health access

Each partnership will develop and implement a strategic plan around its identified Healthy People 2010 focus area.

An independent evaluation of this initiative is being conducted by TriWest Group to examine the process of building community partnerships and to identify factors that lead to increased coordinated health and improved Healthy People 2010 outcomes over the life of the initiative and beyond.

For additional information about the Partnerships for Health Initiative, contact Susan Downs-Karkos, Senior Program Officer, susan@coloradotrust.org. For information about the evaluation, contact Nancy Csuti, Director of Evaluation, nancy@coloradotrust.org.





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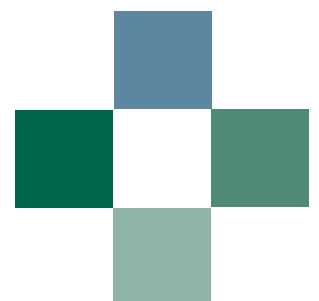
NEW TRUST SUPPORT FOR ENDING HOMELESSNESS

The Colorado Trust has committed \$450,000 over three years in support of Denver's Ten Year Plan to End Homelessness. The plan was developed by a commission, the members of which were appointed by Denver Mayor John Hickenlooper. The plan blends a compassionate "housing first" solution for people-in-need with a strategy of responsibility, self-reliance and accountability. For example, the plan requires that people hold a job if they are able to work. It also requires that substance abusers enter treatment as a condition of receiving housing.

Denver's Ten Year Plan to End Homelessness is modeled after successful plans in other major cities, including Atlanta, Philadelphia and San Diego. The plan also will have implications for addressing the problem of homelessness in communities across the state.

This funding builds on The Trust's long-standing commitment to addressing the problem of homelessness. Since 1991, The Trust has provided support for administering the state's Homeless Prevention Activities Program. This voluntary state income tax check-off program assists families and others who would become homeless if they were not to receive some kind of community assistance.

For additional information about the Homelessness Plan, contact Carol Breslau, Vice President for Initiatives, carol@coloradotrust.org.



TRUSTNEWS



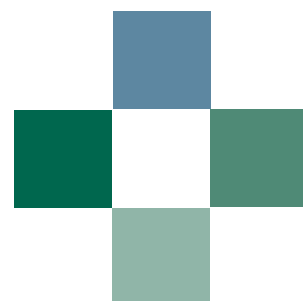
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RECEPTION FOR STATE LEGISLATORS: IMMIGRANTS AND THE STATES

The Trust hosted a reception in December 2005 to welcome members of the bipartisan National Conference of State Legislatures (NCSL) who participated in the Regional Conference on Immigrants and the States, jointly sponsored by NCSL and the Colorado Legislature. This seminar brought together lawmakers from five southwestern states to focus on the past and future of immigration policy, including immigration enforcement legislation, options for immigration reform and related issues.

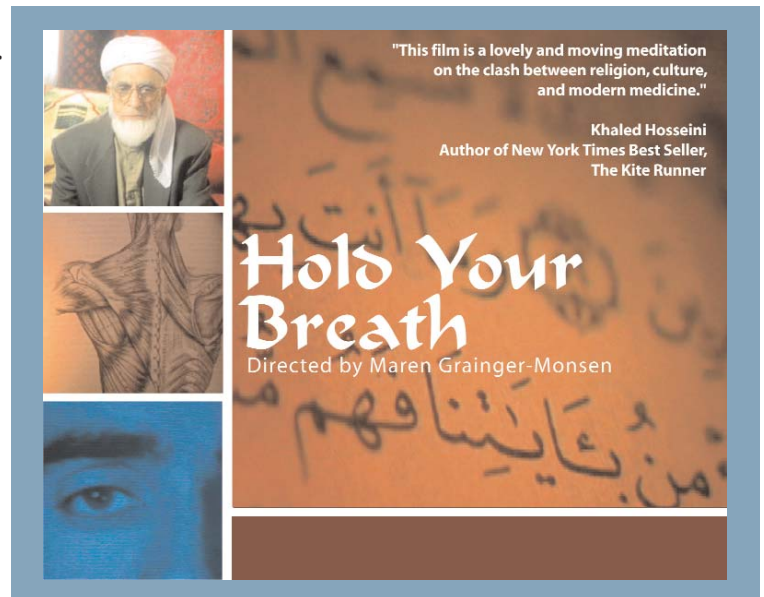
While The Colorado Trust does not take a position on immigration policy or reform, The Trust's long-standing commitment to its [Supporting Immigrant and Refugee Families Initiative](#) provides support in helping newcomers adjust to their new communities. This nine-year, \$10 million effort creates opportunities for organizations, communities and immigrants to come together to address problems and needs in ways that build mutual understanding and promote healthy, successful communities.



TRUSTNEWS

HOLD YOUR BREATH REGIONAL PREMIER

The Trust hosted a special grantee and community luncheon featuring the regional premier of *Hold Your Breath* — an hour-long documentary that illustrates the often tragic consequences of cultural miscommunication in health care. Directed by Emmy award-winning filmmaker and physician Maren Grainger-Monsen, *Hold Your Breath* follows the dramatic journey of an Afghani refugee family when cultures collide over medical treatment of their father's illness. To request one complimentary DVD of *Hold Your Breath*, call 303-837-1200 or send an e-mail to receptionist@coloradotrusted.org.



COLORADO HEALTH INSTITUTE LAUNCHES NEW HEALTH CARE DATABASE

The Colorado Health Institute (CHI) recently launched a new data section on its website, www.coloradohealthinstitute.org. A nonprofit organization that serves as the state's leading center for health data resource and analysis, CHI was created in 2002 by The Colorado Trust, Caring for Colorado Foundation and Rose Community Foundation.



This new section on CHI's website provides quick access to national and state databases containing health-related information on Colorado and its counties. The data sources are updated continuously as CHI learns and gathers additional information.

The data section has three parts:

- Online Data Links — Access to online data sources that can be customized for Colorado statewide and county-level data, with information on such topics as health care quality, teen pregnancy, injury-related mortality, Medicare, and children's and women's health.
- Database Inventory — Profiles of other national and state health databases whose data can be accessed by request.
- Geographic Inventory — More than 20 maps of various regions public and private organizations that are used to collect data and target their work.

Additionally, an advanced search feature allows users to search the website by topic, or access data and other information by county, gender, race or ethnic group and/or year.

INVEST IN KIDS: SUPPORTING NURSE-HOME VISITATION

Since 1993, The Colorado Trust has provided support for the nurse-home visitation program. This program was recently noted by the [Bell Policy Center](#) as being key to offering Coloradans an effective opportunity to succeed. In its new report, *Colorado: A State of Opportunity 2005*, the Center identifies and analyzes key indicators that measure Colorado's successes or shortfalls. To help residents reach their full potential, the report recommends an expansion of the nurse-home visitor program. The program has been proven to help improve the prenatal health of new mothers, increase the mothers'

employment rates and reduce their use of welfare and food stamps, and decrease unintended pregnancies.



The Trust supports the efforts of [Invest in Kids](#), a nonprofit organization, to make the nurse-home visitation program available in all Colorado counties. Invest in Kids has done a tremendous job of bringing this program to 50 of Colorado's 64 counties, with continuing efforts for complete statewide reach.

Additionally, with Trust support, Invest in Kids has commissioned an evaluation of the process of bringing the Nurse-Family Partnership model from a controlled experimental setting to full implementation in communities across the state.

For more information about Invest in Kids and its work with this program, visit www.iik.org, or contact Ginger Harrell, Program Officer, ginger@coloradotrusted.org, or Nancy Csuti, Director of Evaluation, nancy@coloradotrusted.org.

WELCOME TO THE TRUST'S NEW WEBSITE

The Colorado Trust recently launched a redesign of its website, where you'll find:

- **Publications** — direct links to the current Annual Report, quarterly e-newsletter, initiative and evaluation reports, along with the ability to search for all Trust publications alphabetically, by initiative name or by issue.
- **New Information** — funding opportunities, Trust publications, new initiatives and grantees, and other news is posted to bullets on the lower left-hand portion of the homepage.
- **Initiatives & Evaluations** — overviews of each Trust grantmaking initiative and associated evaluations. The information is searchable by name of the initiative or by county. Plus, Grantee-Only Websites provide direct links to Trust grantees of the noted initiatives to password-protected sites where they can share information about their work.
- **News & Media** — contact information for reporters, **quick facts** about The Trust, recent news articles about The Trust and its initiatives, and Trust **news releases**.
- **About The Trust** — a brief history of the foundation, its mission, a listing of board and staff members, frequently asked questions and directions to our office.
- **Grantmaking** — information about how The Trust makes grants, along with a listing of current funding opportunities.
- **More Information** — allows you to Sign Up to receive automatic e-mail notification of new postings to The Trust's website.

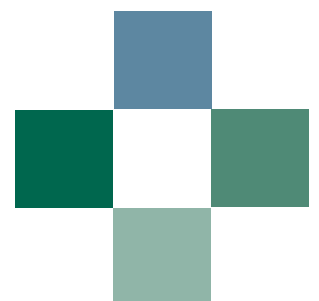
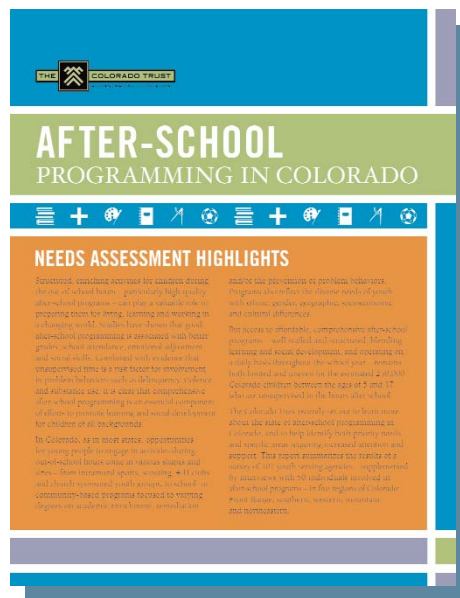
The redesigned website also allows for general and advanced searches of the entire site, and provides the ability to print the screen view or to easily e-mail it to others.

Please let us know your thoughts about the website by e-mailing Christie McElhinney, Director of Communications, christie@coloradotrusted.org.

AFTER-SCHOOL PROGRAMMING IN COLORADO — NEEDS ASSESSMENT HIGHLIGHTS

To help identify both priority after-school programming needs and specific areas requiring increased attention and support, The Colorado Trust conducted a needs assessment based on a survey of 101 youth-serving agencies. This needs assessment was undertaken on behalf of The Trust and the newly-established nonprofit organization, the Colorado AfterSchool Network.

After-School Programming In Colorado presents key findings of this assessment, including the need to make after-school programs more widely available, particularly to underserved youth; the need for such programs to ensure quality and increase their ability to serve an increasingly diverse population; and the need to develop adequate, stable funding.





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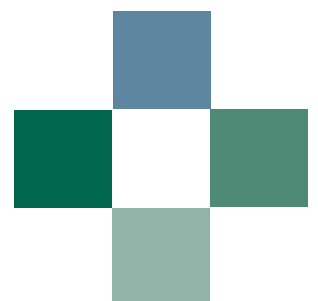
STAFF/TRUSTEE NEWS

John R. Moran, Jr., President and CEO of The Colorado Trust, was named Outstanding Professional in Philanthropy in Colorado at the 2005 National Philanthropy Day Luncheon in November. This is one of several awards that recognize the contributions of individuals, organizations, foundations, businesses and corporations for exceptional philanthropic and volunteer contributions in Colorado.

Jean Jones, President and CEO of Girl Scouts — Mile Hi Council and a member of The Trust's Board of Trustees, is the recipient of a 2005 Samaritan Award, presented by the Samaritan Institute in November 2005. She is also a 2006 Inductee of the Colorado Women's Hall of Fame; the gala induction ceremony will take place on March 9, 2006.

Judi Wagner, President of Wagner Investment Management, Inc. and a member of The Trust's Board of Trustees, was honored along with her husband, Joe, at the Sewell Child Development Center's Beacon Dinner in November 2005. The event celebrates business and community leaders in the Denver area who help create brighter futures for the community's children.

Congratulations!



STAFF/TRUSTEE NEWS



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COMMUNITY SUPPORT

Efforts by The Colorado Trust and its grantees to advance the health and well-being of the people of Colorado included Trust support for the following recent events:

- Mental Health Association of Colorado — 24th Annual Tribute Dinner
- National Philanthropy Day — Awards Luncheon
- Sewell Child Development Center — Beacon Dinner
- The Samaritan Institute — National Samaritan Awards Dinner
- The Women's Foundation of Colorado — Gender Matters Luncheon
- Girl Scouts-Mile Hi Council — Women of Distinction, Annual Awards Dinner



COMMUNITY SUPPORT