



2006 Review

The Colorado Trust

This report provides a brief overview of The Colorado Trust's work in 2006. Detailed information, including a full listing of grantees, stories of change and improvement, how The Trust makes grants and in-depth financial reporting is contained in The Colorado Trust's 2006 Annual Report, available online at www.coloradotrust.org.

Making Colorado a place where all people can thrive

“They called it ‘the Murder Capital of Colorado,’” laments Sarah Owl Denetsosie. “There was a lot of violence on the reservation – a lot of deaths from alcohol, accidents, murder and suicide.” Indeed, recent statistics for violent crime in the southwestern Colorado Ute Mountain Ute nation in Towaoc showed the murder rate to be more than 25 times higher than the state average.

Community members are working together to reduce this violence. Over 20 tribal members recently attended a suicide prevention training, hosted by the Piñon Project. The Native Americans – who are traditionally uncomfortable talking about death – found themselves learning the vocabulary of suicide prevention and being trained to either refer at-risk members of their community to health care professionals or to help them come up with a “safe” plan themselves. Now, Denetsosie is a member of a small army of those dedicated to preventing the tragedy of suicide on the Ute Mountain Ute Reservation. The recovery of those who considered taking their lives sustains her. “The best part of this training is seeing a person smiling, going on with their life,” she says.

Read more about the Preventing Suicide in Colorado Initiative inside and online.



UTE MOUNTAIN UTE MEMBER SARAH OWL DENETSOSIE



ROD STREET AT LITTLETON ADVENTIST HOSPITAL

Ensuring quality health care

Rod Street recently underwent hip replacement surgery at Littleton Adventist Hospital. Unlike most patients, he knows virtually every corridor of the expansive hospital; since he retired four years ago, Rod has volunteered to deliver mail throughout the hospital each Tuesday.

The morning he was to leave the hospital following his surgery, Rod suddenly began to experience chest pain. When Shelly Burkett, RN, walked into the room she remembers thinking, “This is not the person I know. There had been a huge change in his appearance and his abilities, and he was very pale.” Immediately Shelly activated the hospital’s Rapid Response Team, which had been put in place as a result of the hospital’s participation in the Colorado 100k Lives Campaign. The team quickly determined Rod was having a heart attack. Within minutes, Rod was in the catheter lab and the team deployed a stent to help the blood flow past the blockage in his heart.

“I can’t speak highly enough about the people at Littleton Adventist and how quickly they responded,” said Rod. “They were there in an instant, and that saved my life.”

Read more about the Colorado 100k Lives Campaign inside and online.

state to strengthen the health and well-being of the people of Colorado.



DENISE SILVA, DAUGHTERS TRINIDIE AND HAVEN, AND NURSE HOME-VISITOR KARLA WORK

Providing a healthy start in the first years of life

Denise Silva grew up in an abusive family, with an alcoholic dad and a mom who was into drugs. Her parents split when Denise was a toddler and she bounced from relative to relative, often running away from home in Granada, located in southeastern Colorado. When she got pregnant at age 20, the father of her baby also walked out and left Denise on her own. Alone and despairing, Silva made a promise to herself: my child will never have the life I had.

The Nurse-Family Partnership in Prowers County helped Denise keep that promise. The program has a proven track record for inspiring dramatic long-term benefits for low-income, first-time mothers and their children. Denise and home visitation nurse Karla Work bonded immediately with regular visits throughout Silva's pregnancy and until her daughter Haven turned two. Today, Silva has found a stable, loving husband, who is adopting Haven. Their second daughter Trinidie just turned two. And Silva is studying to be a nurse, just like the one who changed her life.

Read more about the Invest in Kids & Nurse-Family Partnership inside and online.

Keeping kids safe, healthy and engaged as they grow

For many of the students in Widefield School District #3 in Colorado Springs, bullying was a fact of life. These special-education students with borderline cognitive ability didn't know how to advocate for themselves, or how to do so constructively. They shoved. They cried. They acted out. As a result, in trying to take a stand against those who bullied them, they were often disciplined for their behavior.

In searching for tools to help the students, Cindy Bowen and Bobbi Harris came across KIDPOWER, a program that teaches young people – including those with special needs – how to stay safe. Students learn to handle bullies and other threatening situations with positive results. This has reduced the students' anxiety and improved the safety and quality of their lives. Bowen cites several examples, including a student who gained enough confidence to ride the city bus on his own. "Before KIDPOWER, he feared a 'scary' person might approach him," explained Bowen. "He now knows how to be safe and ask for help."

Read more about the Bullying Prevention Initiative inside and online.



CINDY BOWEN AND BOBBI HARRIS OF COLORADO SPRINGS' WIDEFIELD SCHOOL DISTRICT #3

The Colorado Trust partners with individuals and organizations across the

Keeping our kids safe, healthy and engaged as they grow.

The Trust-supported **Safe2Tell Hotline**, which was developed in response to the Columbine Commission's recommendations, gives students in all Colorado schools an increased ability to both prevent and report violence by making safe, anonymous calls to 1-877-542-SAFE.

Among the responses to calls received in 2006, Hotline interventions directly resulted in the prevention of 29 suicides, recovery of 41 weapons and response to 52 substance abuse calls.



School shootings and other violence have raised awareness about how important it is to prevent bullying before it escalates into a tragic event. Through our **Bullying Prevention Initiative**, many more schools and community-based organizations now have prevention programs in place to help the bullied, bullies and the vast majority of students – bystanders – put a stop to bullying.

According to the National Youth Violence Prevention Resource Center, bullying is often a warning sign that youth are headed for trouble and are at risk for serious violence. Teens, especially boys, who bully are four times more likely than non-bullies to be convicted of crimes by age 24, with 60% of bullies having at least one criminal conviction.

We also provide assistance that gives young people positive, creative activities and guidance during the after-school hours. Our support of the **Colorado AfterSchool Network** – in partnership with the Charles Stewart Mott Foundation and representatives of school associations, after-school programs and policymakers – helps the Network to improve the quality and quantity of after-school programs. *Data from the Afterschool Alliance show that the gap between parents' work schedules and children's school schedules leaves an estimated 14 million children – including 40,000*

Providing a healthy start in the first years of life.

The conditions under which infants are born, their health and the early care they receive have lifelong effects on their development. In support of this, we continued our long-time funding for **Invest in Kids**, a nonprofit organization that serves as a statewide



catalyst and resource for communities interested in the **Nurse-Family Partnership** program. Through this program, nurses visit low-income, first-time mothers in their homes and help them set such goals as how to improve their health and nutrition

during pregnancy, learn effective early parenting skills, complete school and find employment.

This program is up and running in 80% of Colorado's counties, serving nearly 7,000 women to date.

A new report was released in 2006: Invest in Results: The Story of The Colorado Trust's Nurse-Family Partnership & Invest in Kids Initiative.

For the eighth year we also continued our funding for **Qualistar Early Learning**, a nonprofit organization that provides child care referrals statewide, and has a rating system that measures the quality of those programs.

Qualistar has rated the quality of nearly 800 child care centers in 46 Colorado counties, helped providers to improve the quality of care and assisted more than 200,000 families in locating quality child care.

Please note that bolded terms indicate grantmaking initiatives of The Colorado Trust.

kindergarteners – on their own during the after-school hours when youth engage in such risky behaviors as sexual activity, drug and alcohol use, and juvenile crime.

As a follow-up to the 2006 White House Conference on School Safety, The Trust convened law enforcement, elected officials and education leaders to discuss how to significantly improve school safety across the state. This group formed the Safe School Partnership and continues to explore policy options and other possibilities for making schools safer.

With The Colorado Health Foundation, The Trust co-sponsored a School Health Summit and commissioned a study of school-based health. The study found that in the 2005-06 school year, school-based health centers served 12% of Colorado's students, 60% of which were from low-income families.

Also in 2006, The Colorado Trust partnered with the Caring for Colorado Foundation, The Colorado Health



Foundation and Rose Community Foundation to commission a study on the status of children's access to quality health care. Among the findings, the study notes that there are about 114,000 uninsured children in metro-Denver and 180,000 statewide – one out of six kids.

Making Colorado a place where all people can thrive.

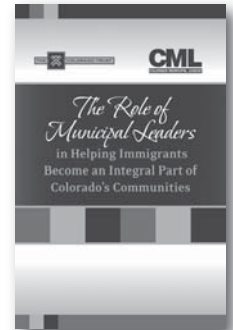
The Trust supports an array of efforts to make life better for individuals and groups in communities across the state. In 2006, we began the **Healthy Aging Initiative** to help senior-serving organizations increase their ability to meet the needs of seniors, such as housing, transportation and ways to stay healthy and active. The Colorado Demography Office estimates that the state's older population will increase 51% from 2000 to 2012, while the remainder of the population will grow by 19%.

Nine additional communities joined our **Supporting Immigrant and Refugee Families Initiative** last year.

Through this effort, immigrants and established residents work together in 19 Colorado communities to help integrate immigrants and build healthy communities.

Initial efforts by participating communities helped immigrant parents to become more involved in their children's schools, improve access to English classes and develop mentoring opportunities among foreign and native-born families.

A new report was released in 2006: *The Role of Municipal Leaders in Helping Immigrants Become an Integral Part of Colorado's Communities*.



The Trust continued its long-time support of **Preventing Suicide in Colorado** to address the high incidence of suicide in the Rocky Mountain region.

Through this initiative, over 1,000 individuals across Colorado are now "gatekeepers"; gatekeeper instruction trains people to recognize those contemplating suicide and refer them to professionals who can provide help.

In partnership with the Caring for Colorado Foundation, The Colorado Health Foundation and The Denver Foundation, The Colorado Trust



supports the **Advancing Colorado's Mental Health Care** program to better meet the needs of Coloradans with severe mental illnesses. One Coloradan in five needs mental health treatment, but only one-third of those who need treatment receive it.

In 2006, The Colorado Trust also supported the first-ever Colorado Summit on **Mental Health Disparities** and produced a *Policy Brief*.

Additionally, The Colorado Trust joined in support of Denver's Road Home, a 10-year plan to end **homelessness**, and made grants to help provide services to victims of **Hurricanes Katrina and Rita** who relocated to Colorado.

Ensuring quality health care.

Trust grantmaking supports efforts to improve health care at the policy, systems, provider and community levels. Our **Partnerships for Health Initiative** brings together diverse providers – from schools and faith-based organizations to universities and county health departments – to better coordinate the delivery of health services tailored to meet the specific needs of communities.

Through this initiative, 13 communities across Colorado have built strong working relationships and created coordinated plans to address identified local health needs in a more systemic manner.

The **Health Professions Initiative** strives to increase the number of health professionals in primary health care, mental health care and dental care, as well as pharmacists across Colorado – particularly in rural areas where the need is highest.

This initiative has helped to increase the number of health professions education and training programs; over the past two years, more than 1,500 students have participated in Trust-supported health professions programs that offer career exposure, training, clinical rotations, faculty development, mentoring and career counseling.

The **Equality in Health Initiative** seeks to help health care providers gain the skills necessary to consider unique cultural backgrounds as they provide care and, in turn, reduce racial and ethnic disparities.

According to an Institute of Medicine report, evidence suggests that a trend in bias, prejudice and stereotyping on the part of health care providers may contribute to differences in care.

The **Colorado Clinical Guidelines Collaborative** develops guidelines that help physicians provide



consistent care, which results in improved patient outcomes and cost savings. Additionally, 90% of Colorado's acute care hospitals further strengthened their quality improvement systems to ensure safe patient care through the **Colorado 100k Lives Campaign**.

The Trust-sponsored Colorado campaign was part of the national 100k Lives campaign; the campaign has already achieved its goal – more than 3,100 hospitals participated nationwide (62 in Colorado) and successfully reduced inpatient deaths by an estimated 122,000 lives in 18 months through overall improved care.

At the policy level, we helped to establish and continue to support the independent, nonprofit **Colorado Health Institute** which serves as a central information clearinghouse for data resources on state and local health issues, and analyzes health information to inform policy issues related to the state's overall health and health systems. *In 2006, the institute responded to nearly 150 information requests from health policymakers across the state and provided them with information on such issues as the uninsured, Colorado's health care workforce and safety net, health information technology, access and rural health.*

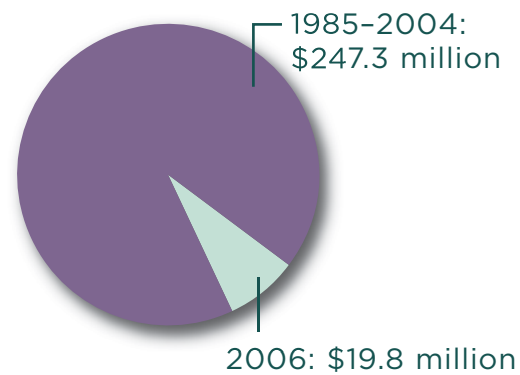


Financials

The Colorado Trust's original endowment of \$191 million was received from the sale of the PSL Healthcare Corporation in 1985. From its inception through 2006, grants totaling \$267.1 million have been made to grantees throughout Colorado.

\$19.8 million in grants were made in 2006. Support was provided to over 200 grantees across 13 initiatives. Financial commitments for current Trust initiatives total \$43.7 million and extend into 2013.

Total Assets:	2006	2005
	\$483,088,900	\$449,283,852



TOTAL GRANTMAKING since The Colorado Trust was founded in 1985 is \$267.1 million

Leadership

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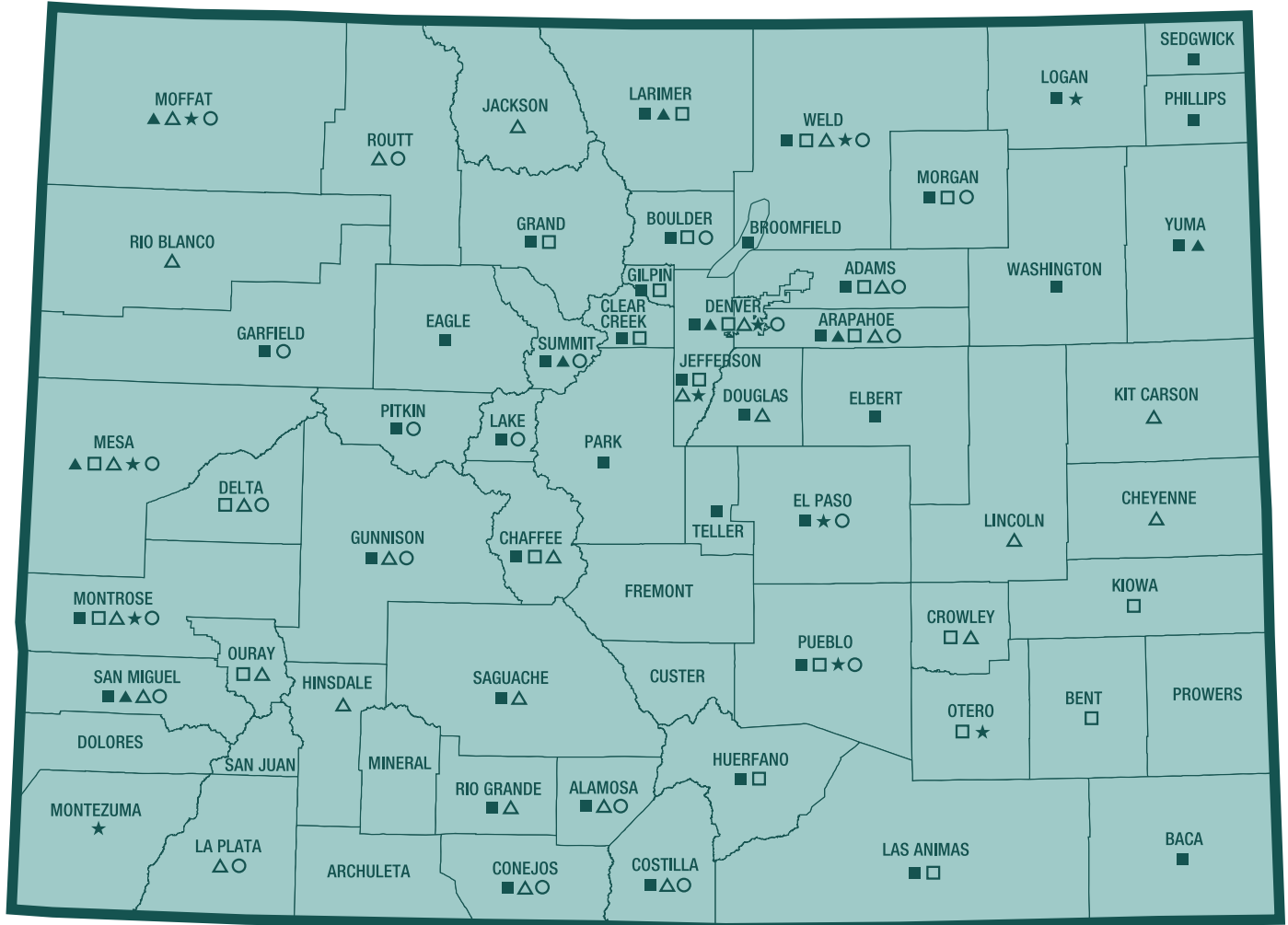
Trust President and CEO John R. Moran, Jr. retired in December 2006, following 21 years with the foundation, the first six as legal council and 15 as CEO. In recognition of his leadership, The Colorado Trust granted \$2 million to establish two endowments for health professions scholarships - at Regis University and the University of Colorado at Denver - and to provide for an annual award for nonprofit leadership to a current Trust grantee.

In January 2007, Irene M. Ibarra joined The Colorado Trust as President and CEO. She brings extensive experience in the foundation, nonprofit, government and health care arenas.

*Term ended in 2006

**Term began in 2007

Current Initiatives *of The Colorado Trust*



Statewide

These initiatives benefit all of Colorado:

Advancing Colorado's Mental Health Care
 Colorado AfterSchool Network
 Colorado Health Institute
 Improving Quality of Patient Care
 Invest in Kids & Nurse-Family Partnership
 Qualistar Early Learning
 Safe2Tell

Communities

These initiatives provide support in the noted communities:

- Bullying Prevention
- ▲ Equality in Health
- ★ Healthy Aging (grantees to be selected in 2007)
- Health Professions
- △ Partnerships for Health
- ★ Preventing Suicide in Colorado
- Supporting Immigrant and Refugee Families

THE COLORADO TRUST

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