

**How HIV is Transmitted**  
 HIV can be transmitted through blood, semen, vaginal fluids, and breast milk. Common ways of contracting HIV include:

- By sexual contact (vaginal, anal, or oral) with an infected person (sex, semen, or vaginal fluids enter your body or contact your mouth)
- By sharing contaminated needles or syringes
- From mother to child during pregnancy, birth, or breastfeeding

**How HIV is Not Transmitted**  
 You cannot transmit HIV unless infected blood, semen, vaginal fluids, or breast milk enters your body. You can't spread HIV through casual contact with someone who is infected, such as:

- Hugging or shaking hands
- Cuddling or kissing
- Sharing food or drinks
- Using the same toilet

**HIV Testing**  
 HIV tests can be done in many ways:

- Blood test (most common)
- Rapid test (results in 15-30 minutes)
- Oral fluid test (no blood)
- Self-test kit (available at some pharmacies)

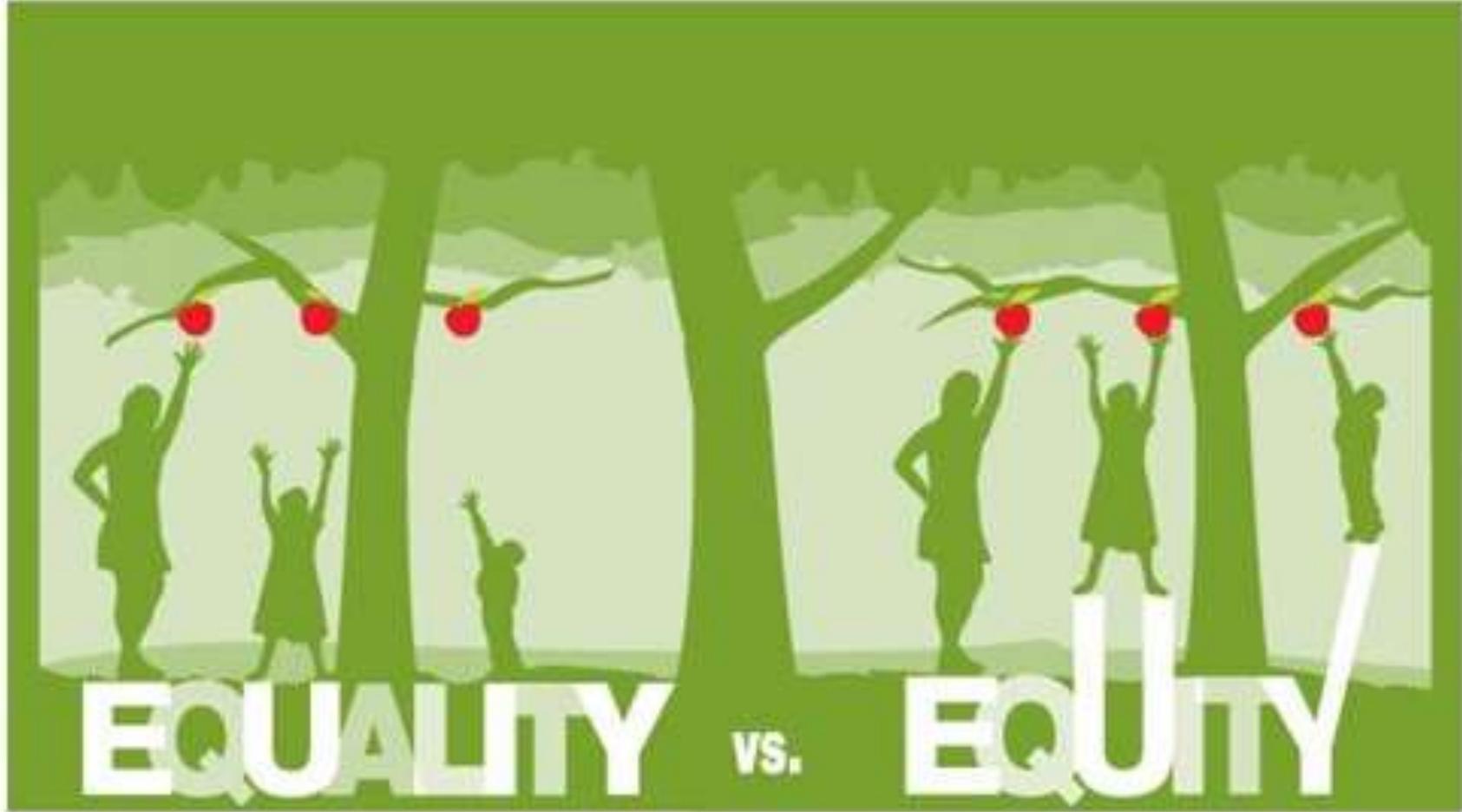
# Equity at the Intersection of Poverty, Migration and Health

Deliana Garcia, MA

September 16, 2016

MIGRANT CLINICIANS NETWORK





**EQUALITY**

vs.

**EQUITY**

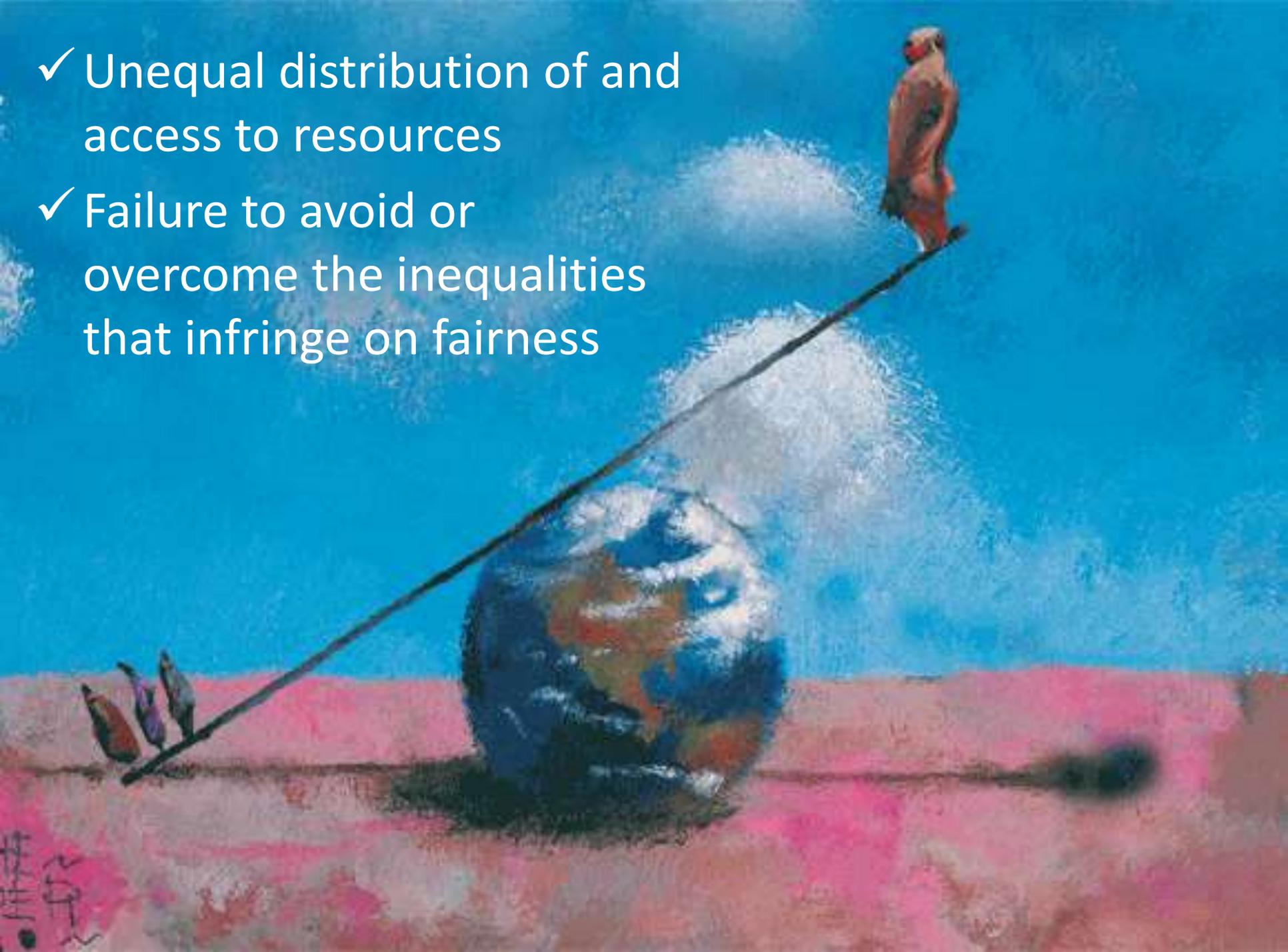
# Definition of Health Equity



*Absence of avoidable or  
remediable difference*



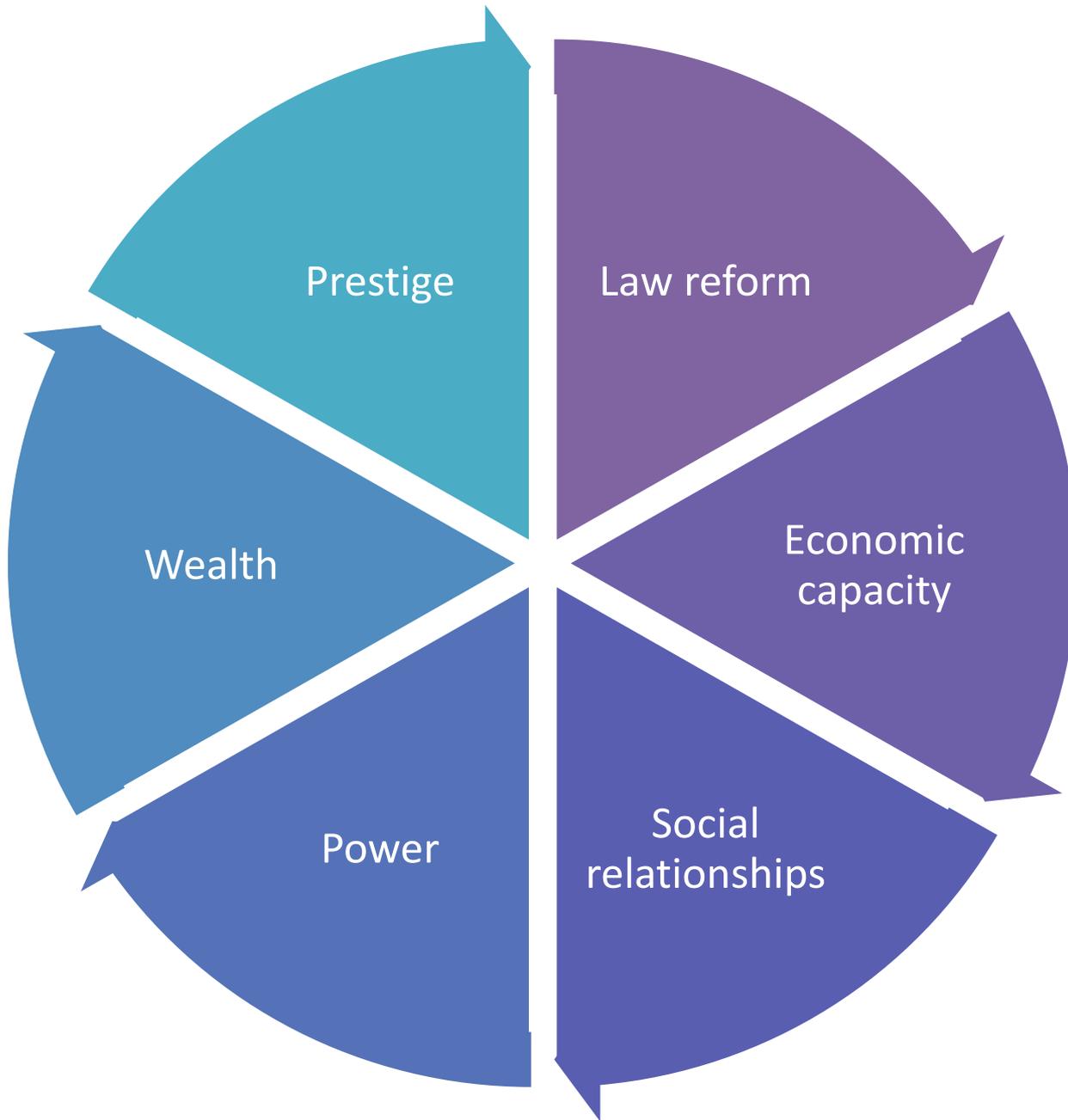
- ✓ Unequal distribution of and access to resources
- ✓ Failure to avoid or overcome the inequalities that infringe on fairness





Know the we can't go it alone





Prestige

Law reform

Wealth

Economic  
capacity

Power

Social  
relationships

Complexity



Why talk  
about  
complexity?



Young man comes to the clinic and is categorized as eligible for services as a homeless patient



He has not accessed health care in the US



Arrived from Honduras (Mexico?) five years ago



Presumed to be an economic migrant



Is HIV+



Upon questioning indicates that he is a "sexual migrant"

# Missed opportunities





# Why we don't...

It forces us to consider our own personal beliefs and experiences



Emotionally charge conversations and our own individual cultures of discretion



Example young man is asked if he uses condoms with every sexual encounter, and he asks “with women?” and the clinician responds “yes”. What is missing in this encounter

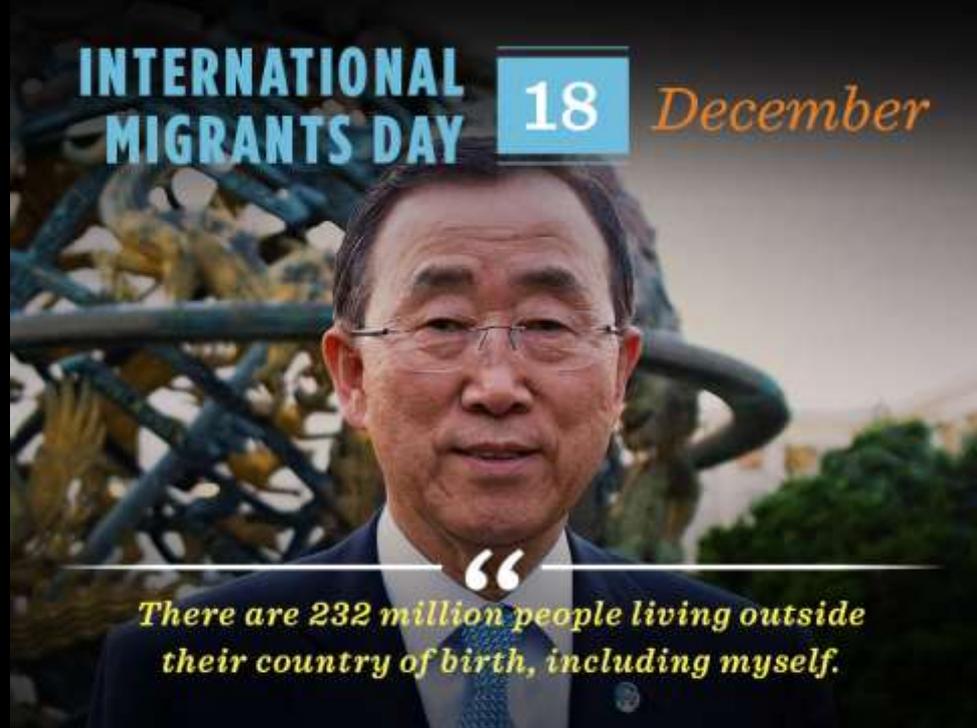
Its core is hidden in  
unconscious values





# Globalization

# 244 million international migrants in 2015



**INTERNATIONAL  
MIGRANTS DAY** **18** *December*

“  
*There are 232 million people living outside their country of birth, including myself.*

All of us are part of a productive global economy that benefits our world as a whole.”

 — **BAN KI-MOON**  
UN SECRETARY-GENERAL

#IAmAMigrant



Rearticulate “cultural”  
formulations

# Migration presents both...

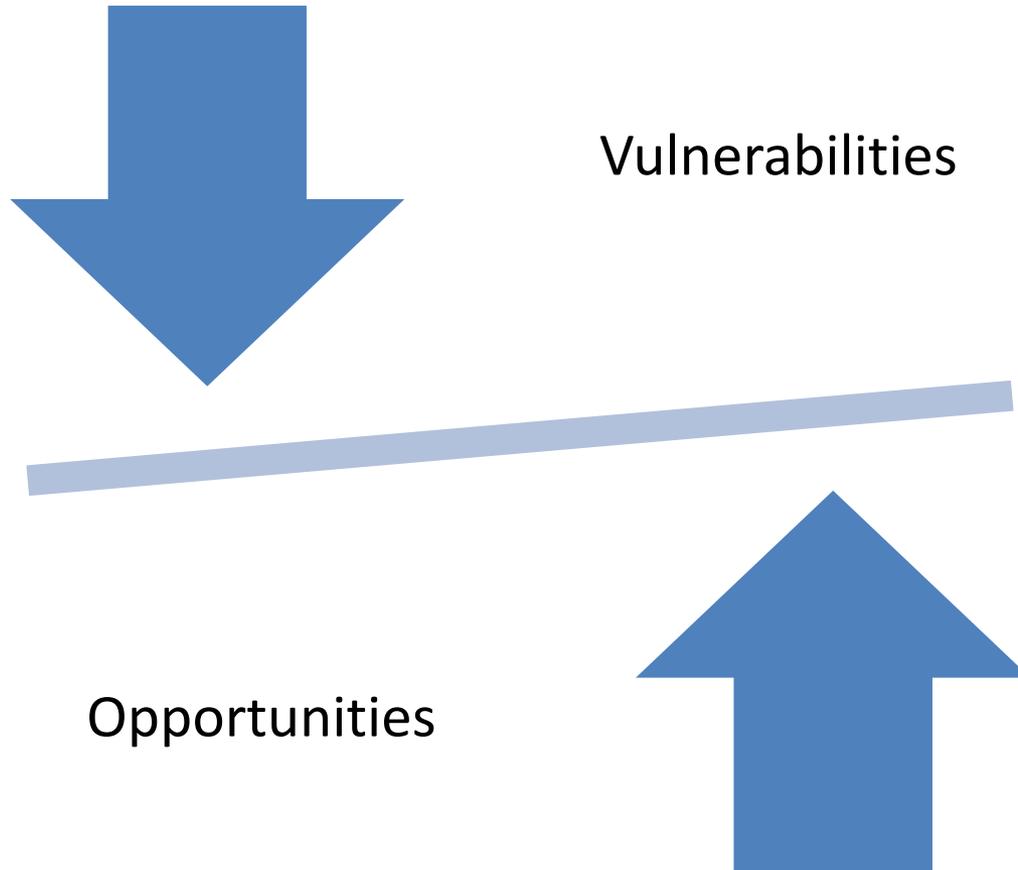




Photo © Karl Hoffman

Status of migrants is relevant to disease control, since it has been problematic for one government agency to pursue immigration control while another encourages undocumented migrants to utilize local health services

# What does the intersection of poverty and health look like?



Luis from Guatemala diagnosed with pulmonary TB at age 36. Moves 4 times during the course of a 9 month treatment for TB

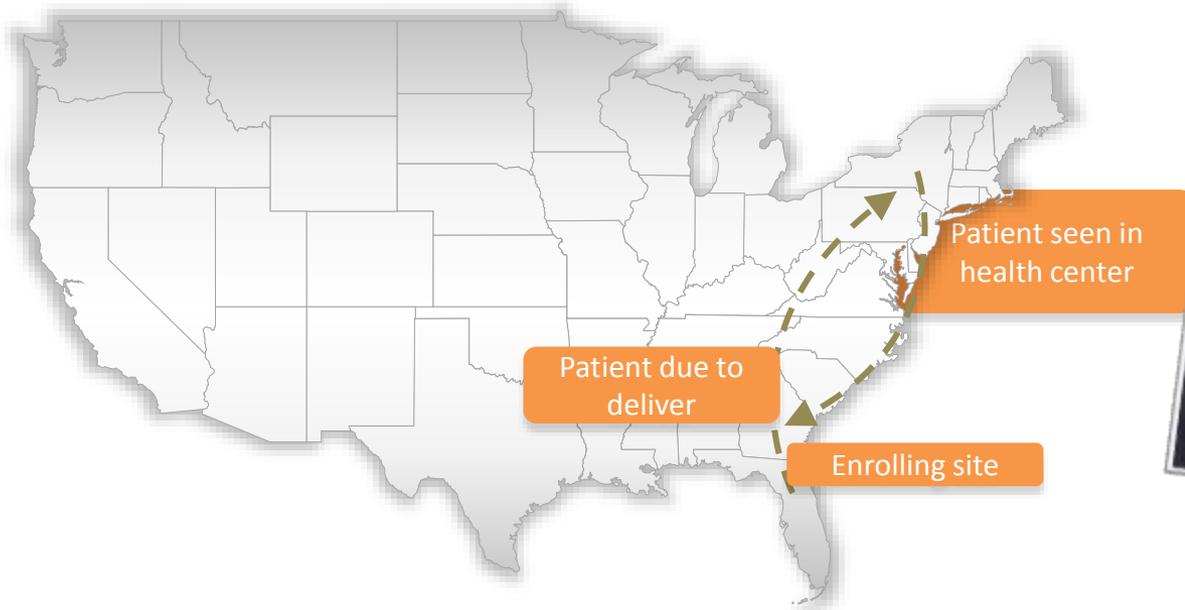
# What does the intersection of poverty and health look like?



An 18-year-old pregnant woman working as a farmworker in Arizona. Moves to Idaho for work. Has limited transportation, no English and very little money.

Stigrama

Stig-mā or, and  
Stig-mā-tā, LL.  
with a pointed in  
mark. ]  
re or cr.  
netro



Patient stated early on that she was not eating or drinking well

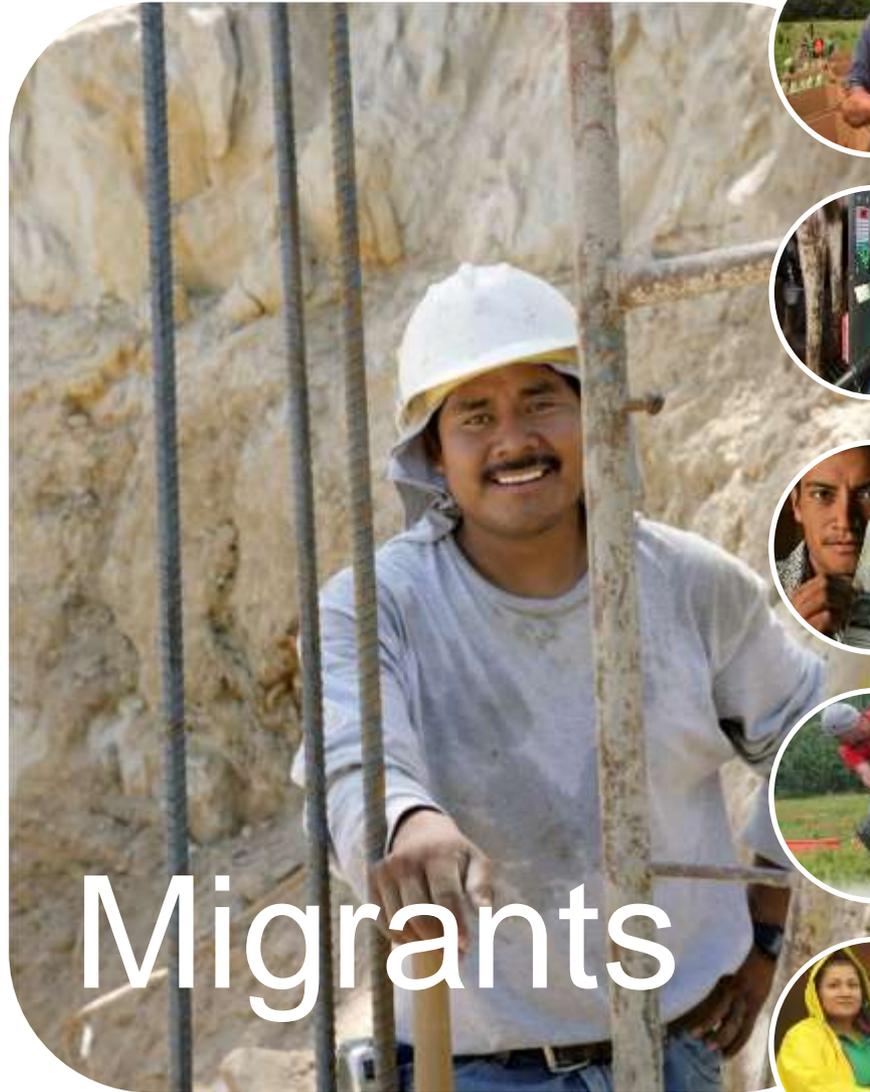
Missed appts led to discovery of recent trauma

Every time HN called the patient was sad, numb, and confused

Saw therapist for a bit. Slowly improving. Regular communication from HN

Due to deliver in late February, 2016

# Vulnerabilities



Language and Culture



Dangerous work



Immigration Status

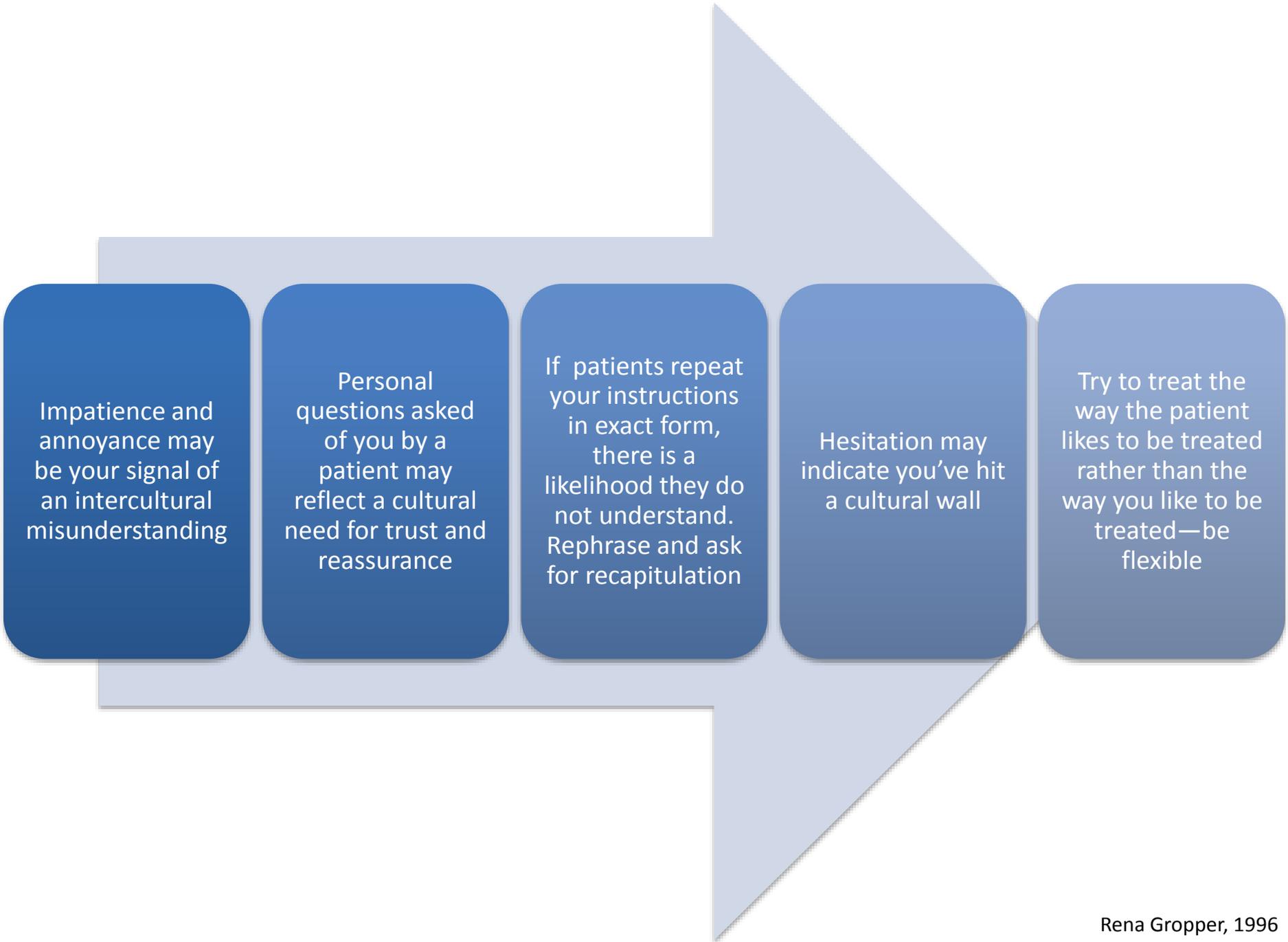


Lack of Regulatory Protection



Health Care Access

Migrants



Impatience and annoyance may be your signal of an intercultural misunderstanding

Personal questions asked of you by a patient may reflect a cultural need for trust and reassurance

If patients repeat your instructions in exact form, there is a likelihood they do not understand. Rephrase and ask for recapitulation

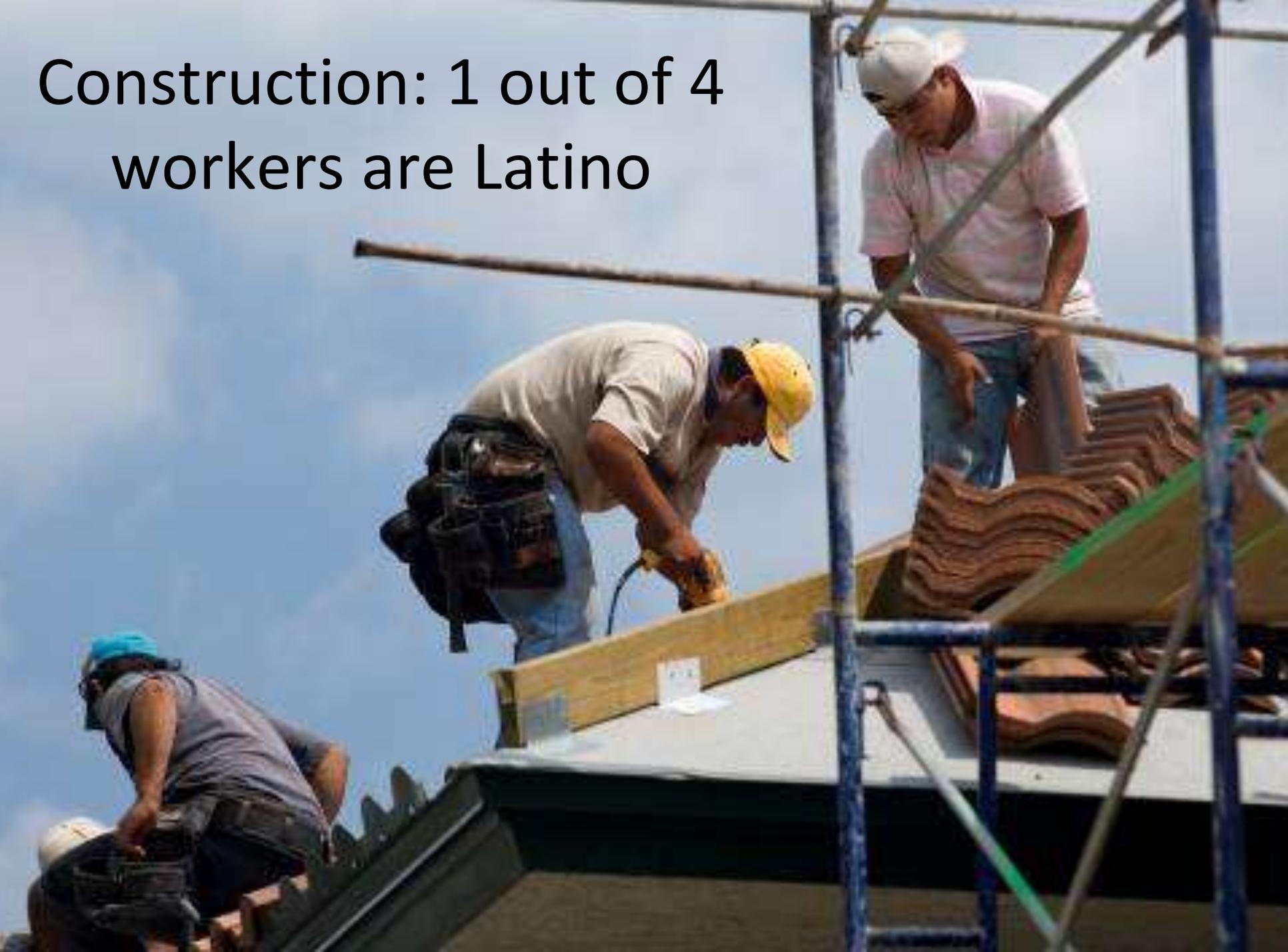
Hesitation may indicate you've hit a cultural wall

Try to treat the way the patient likes to be treated rather than the way you like to be treated—be flexible



2 Latino  
workers  
die every  
single day

Construction: 1 out of 4 workers are Latino



## Report: Farmworker's death should have been prevented

Maria Perez  
Naples Daily News  
December 22, 2015

*Immokalee, FL*-The employer of a farmworker who died picking oranges in an Immokalee grove after showing signs of heat exhaustion violated work safety regulations, according to the federal agency that investigated the man's death.

The Occupational Safety and Health Administration recently issued a citation to the contracted crew leader, Alejandro Victor García Ramos, who has been fined \$4,900.

The citation says García didn't implement a heat illness prevention program for his employees and failed to provide an environment free from recognized hazards likely to cause death or serious physical harm.

## Truck hits, kills landscaper in Texas City

KHOU  
June 30, 2015

*Texas City*-A young man died Tuesday morning after he was hit by an 18-wheeler truck in Texas City, according to officials.

Edson Alaniz Manzano, 20, was hit and killed around 9:30 a.m. off of Highway 146. He was apparently cutting grass on the side of the highway at the time.

Police said the driver cooperated with officials on the scene, gave authorities a blood sample and showed no signs of intoxication. The cause of the crash is under investigation.

## Worker crushed by 2,000 pounds of marble slab

Wesley Goheen  
CBS46

July 17, 2015

*Marietta, GA*-A man is dead after the marble slabs he was unloading off a truck fell onto him. The incident happened Thursday at CLM Quality Marble and Granite on Airport Industrial Drive in Marietta.

Franco Sobrinho, 37, was unloading several slabs of granite off of a pick-up truck when he lost his footing and fell off the truck.

Two slabs of marble then fell on top of Sobrinho. The marble weighed an estimated 2,000 pounds. Sobrinho was pronounced dead at Kennestone Hospital.

OSHA is investigating the incident.

## Workers Defense, OSHA investigating after death at East Austin job site

Lindsey Bramson  
KXAN

July 14, 2015

*Austin*-On Tuesday, labor groups held a vigil for 28-year-old Ramiro Loa, a construction worker who died late last month. Loa fell three stories from the Eastside Station Apartments on East 4th street.

The Occupational Safety and Health Administration confirms the incident is under investigation. More importantly, The Workers Defense Project wants to do whatever it can to make sure accidents like this don't happen again.

## Police identify man killed in Union Township tractor accident

GoErie.com

May 24, 2015

*Union City, PA*-State police have identified a man killed when a tractor rolled over in Union Township on Saturday.

Police said at some point between 11:30 a.m. and 6:20 p.m. a Bobcat tractor operated by Goffredo Ianiro, 56, of Erie, flipped over on a steep grade, pinning Ianiro to the ground.

Ianiro was pronounced dead at the scene by Erie County Deputy Coroner John Maloney. Police said Ianiro's death was accidental.

## 'Top-notch' Hazelton Dairy Employee who Drowned Identified

Alex Riggins  
Magic Valley

February 21, 2016

*Hazelton, ID*- The owner of a dairy where a worker drowned in a waste pond Tuesday said the man was a hard-working father and "top-notch guy."

Ruperto Vazquez-Carrera, 37, of Hazelton was pulled from the waste pond about 4 p.m. Tuesday, about 10 hours after the feed truck he was driving was found submerged in the pond.

The cause of death was accidental drowning, Jerome County Coroner Gerald Brant said.



Photo © Alan Pogue

*Front desk staff*

AA staff person who can recall that through segregation she could not get services at site as a child

# *Eligibility staff*

Views use of benefits as a weakness



# *Lab staff*

In a hurry and not focused on role of blood and removal of blood in some cultures





## *Medical Assistant*

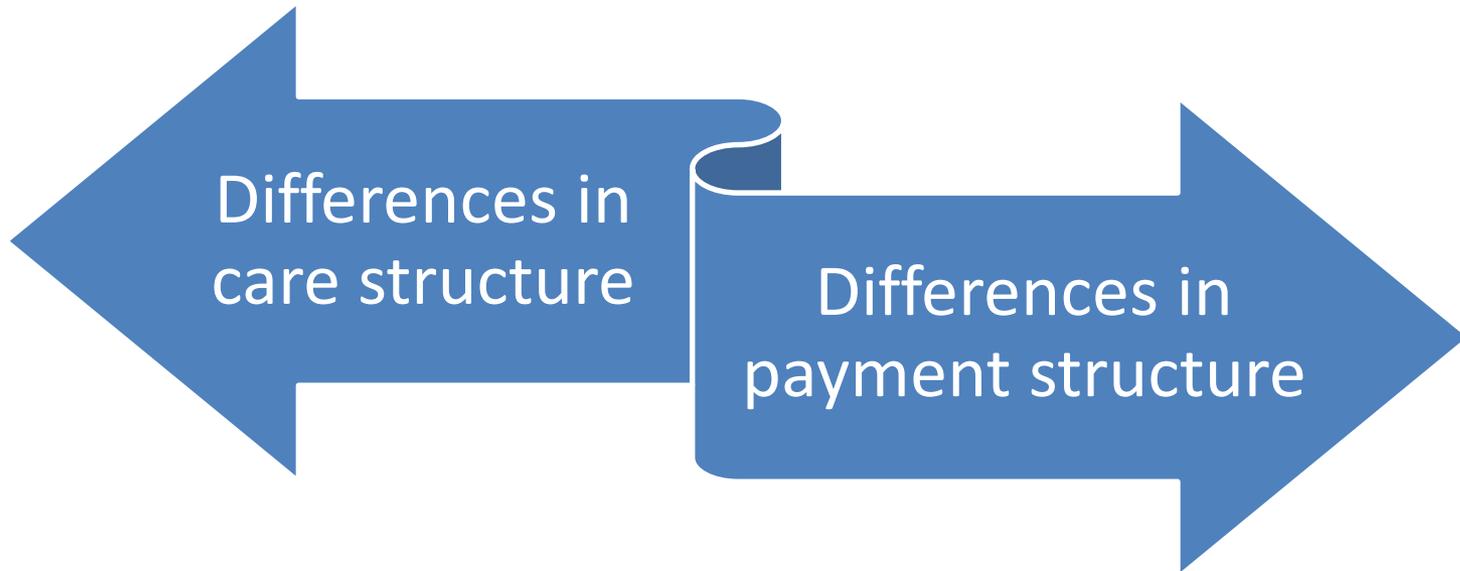
Speaks the language but from another region and does not know some of the nuances



# *Clinician*

Feels patient should want the gold standard (The Spirit catches you and you fall down)

# INTEGRATING SYSTEMS



Safety net systems for which unauthorized migrants may not be eligible



**Course of action?**

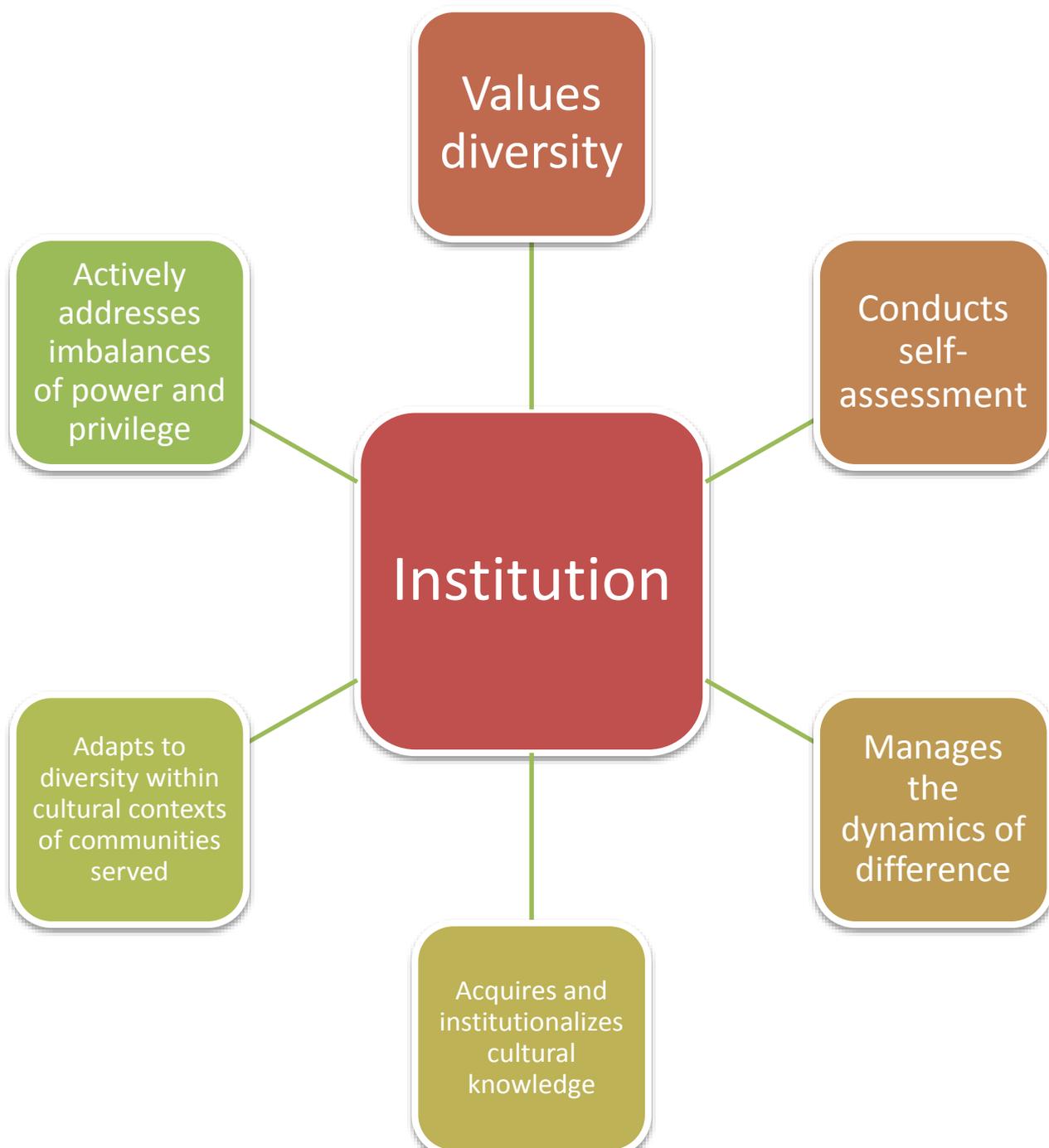
An individual and organization-wide commitment to an ongoing process of working toward equity in multicultural contexts both internally and in partnership with communities.

A defined set of values, policies, and practices

Building capacity to gain cultural knowledge and value cultural strength and diversity

Navigating the dynamics of difference

Addressing individual and organizational cultural biases



Values diversity

Conducts self-assessment

Institution

Manages the dynamics of difference

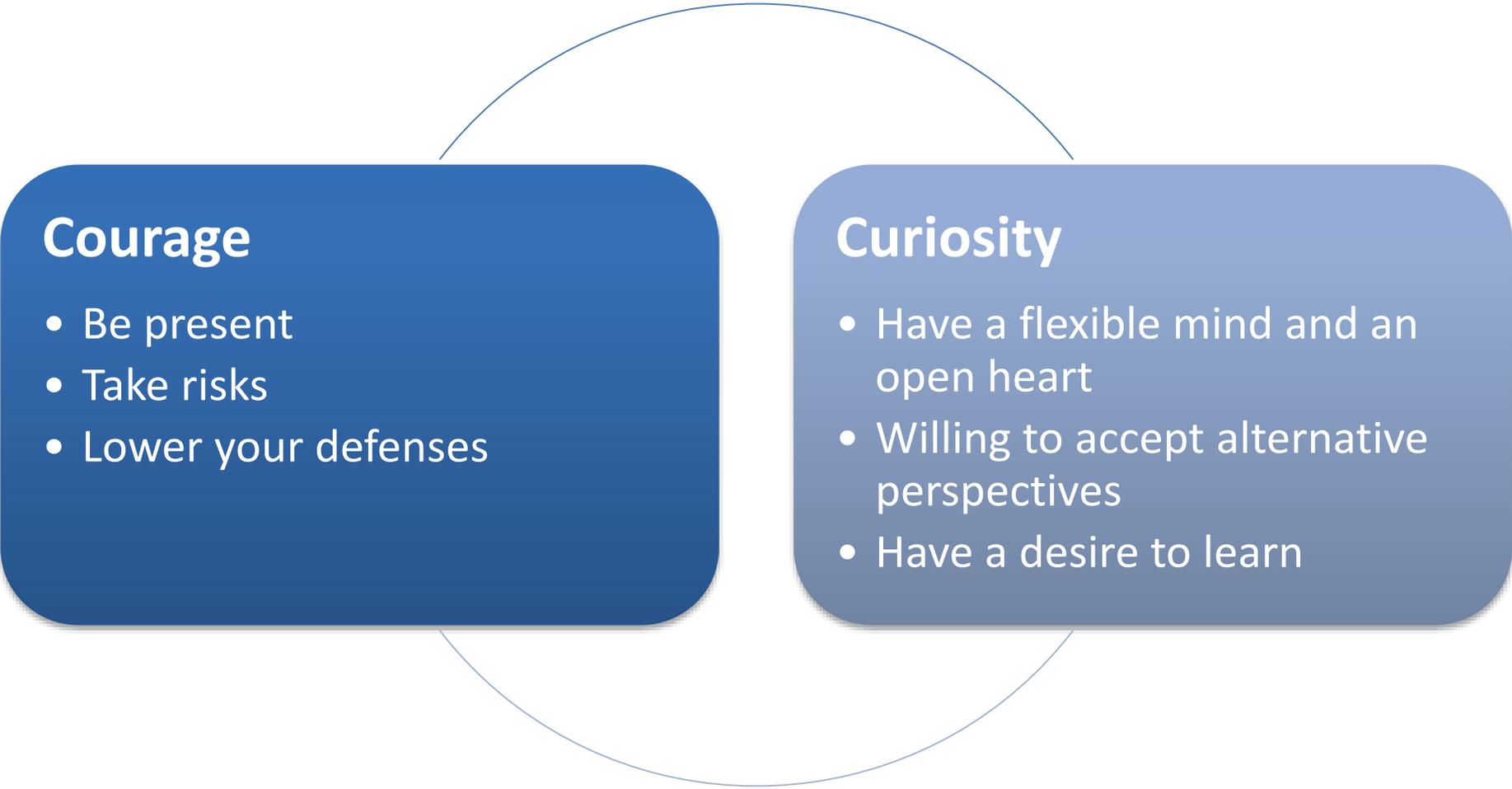
Acquires and institutionalizes cultural knowledge

Actively addresses imbalances of power and privilege

Adapts to diversity within cultural contexts of communities served



# Personal



## Courage

- Be present
- Take risks
- Lower your defenses

## Curiosity

- Have a flexible mind and an open heart
- Willing to accept alternative perspectives
- Have a desire to learn

## Structural Vulnerability Domains and Potential Sample Questions

Financial Status	<p>How do you make money?          Do you have any difficulties doing this work?          Do you have enough money to live comfortably—pay rent, get food, pay utilities and phone, basic living supplies?          Do you run out of money at the end of the month?          Do you receive any forms of government assistance?          Are there other ways you make extra money or do you depend on anyone else for their income?          Have you ever been unable to pay for medical care or medicines at the pharmacy? Do you have access to preventive and primary care?</p>
Residence	<p>Where do you sleep?          How long have you lived there?          Is that a stable or reliable place for you to live?          Do you feel the place that you live is safe and clean?</p>
Risk Environments	<p>Are you exposed to any toxins?          Are you exposed to any violence?          Are you exposed regularly to drug use?</p>
Food Access	<p>Do you have adequate nutrition and access to healthy food?          What does your regular diet consist of?</p>
Social Network	<p>Which people make up your social network, family and friends? Is this network health or unhealthy for you?          Do you have people who function as a social support system for you when needed?</p>
Legal Status	<p>Do you have any legal trouble?          Do you fear any repercussions related to your legal status?          Are you eligible for public services?</p>
Education	<p>Are you able to read? In what language(s)?          What level of education have you reached?</p>
Discrimination	<p>Have you experienced discrimination based on your skin color, your accent or where you are from?          Have you experienced discrimination based on your gender or sexual orientation?          Have you experienced discrimination for any other reason?</p>
Presumed Worthiness	<p>The clinician could ask themselves if this person is likely to be considered by others as someone not to be trusted because of aspects of their appearance, ethnicity, accent, addiction status, personality, or other traits.          The clinician could ask themselves if other people are likely to assume that the patient deserves their plight in life or their sickness due to any of their traits.          The clinician could ask themselves if other people are likely to assume that the patient does not deserve top quality health care due to any of their traits.</p>

# Any questions ?



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