This discussion guide is a tool for individuals and organizations to examine and better understand a roadmap and solutions to create health equity. In particular, it will help create further dialogue on specific ideas and actionable steps to implementation in local communities, organizations and systems.

To support and advance the conversation around health equity in Colorado, The Colorado Trust is providing two resources to stimulate a dialogue on the topic. First, Elizabeth Myung Sook Krause, Nichole June Maher and Yanique Redwood, health foundation leaders from across the country, will speak at The Colorado Trust on September 12. The speakers will discuss how communities from across the country are tackling inequities in health and reaching health equity solutions. A video of the event will be available on The Colorado Trust’s website in the near future. Second, The Colorado Trust is distributing a publication from the U.S. Department of Health and Human Services, National Stakeholder Strategy for Achieving Health Equity as an additional resource to spark conversations on health equity solutions.

After viewing the presentation and/or reading the article, below are discussion questions to consider as you further explore the definition and the applications to your own work.

1. After reading the Executive Summary of National Stakeholder Strategy for Achieving Health Equity, what solutions are the most important for your communities, organizations and systems to adopt?

2. As you think about your community, where are opportunities to engage other communities and organizational partners to implement strategies proposed in National Stakeholder Strategy for Achieving Health Equity?

3. What does your organization do now that aligns with National Stakeholder Strategy for Achieving Health Equity? What else could your organization do? What are the chief obstacles to doing more?